

#### **GOVERNMENT COLLEGE, RAYACHOTY**

**Affiliated to Yogi Vemana University** 

Rayachoty - 516269



### Accredited with 'C' Grade

POSITIVE ATTITUDE

CSS III

T.Venkata Ramana

Lecturer in English

Govt.Degree College, Rayachoty

### If A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

1,2,3,4,5,6,7,8,9,10,11,12,13,14,15,16,17,18,19,20,21,22,23,24,25,26

A	В	С	D	E	F	G	Н	I	J	K	L	M	N	0	P	Q	R	S	Т	U	V	W	X	Υ	Z
1	2	3	4	5	6	7	8	9	1 0				1 4												

WORD	EQUAL NUMBERS	TOTAL
HARD WORK	8+1+18+4+23+15+18+11	98
KNOWLEDGE	11+14+15+23+12+5+4+7+5	
LOVE		
LUCK		
MONEY		
LEADERSHIP		
ATTITUDE	1+20+20+9+20+21+4+5	100

- The way you look at things is attitude. Attitude makes such a big difference.
- Your attitude decides your altitude, aptitude, and amplitude.
- Attitude is said to be foundation for one's personality.
- If you build your life without proper positive foundation, the superstructure will one day be suddenly collapsed.

- The way you look at things is attitude. The you look at the bright side or remedy side of a problem is called positive thinking.
- Its all about changing your ideas, perceptions, and interpretations about the things around you. By doing so, in turn you determine the way of handling your life along with its assets and liabilities.
- It is the capacity to focus on what is right and neglecting what is wrong or unpleasant.
- It is focussing on reality and possibility of happening certain things with your confidence and determination.

- It is not just push yourself to believe that everything is good, bright and it will be fine.
- It is not ignoring your own flaws and faults of others and being callous.
- It is not being happy with yourself as you are, who you are, and where you are, after all you are better off than many.
- It is does not tell you to escape from reality, close your eyes and turn back your challenges.
- It does not use the word 'problem' but replaces with the word by 'challenge'.
- Positive thinking is not day dreaming.

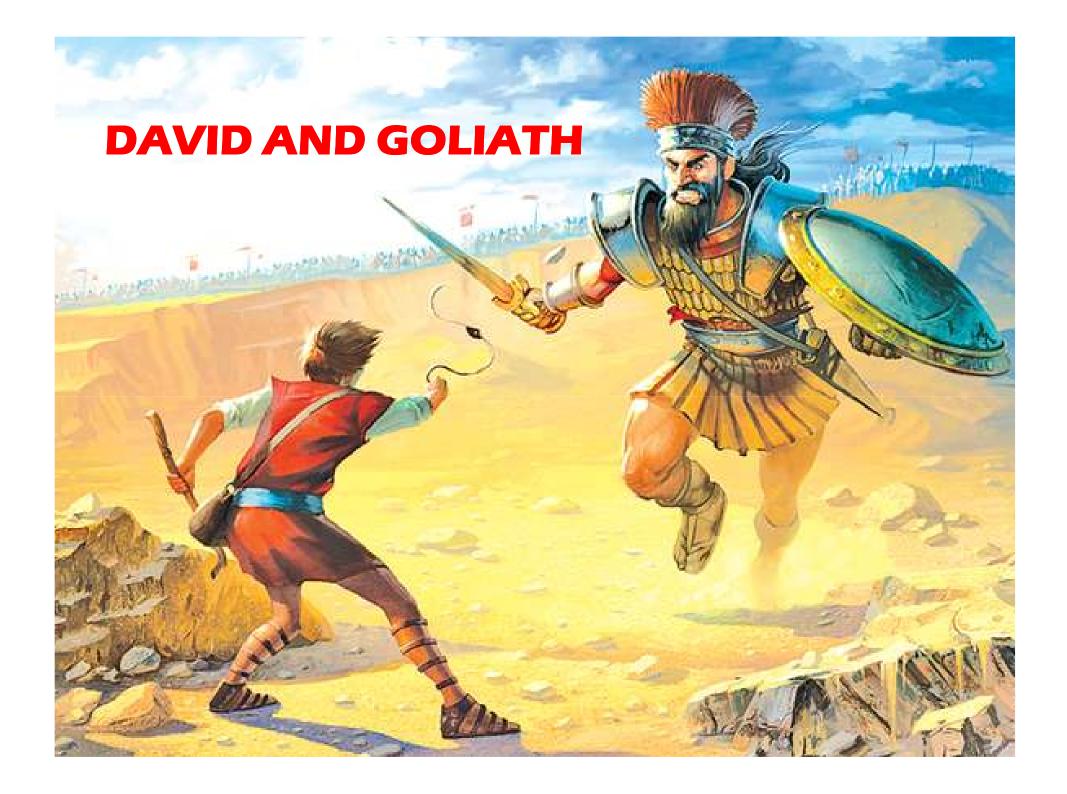




# DAVID AND GOLIATH



SI. No	Character	Positive/Nega- tive	Why is he/she positive/Negative?
1	David		
2	Goliath		
3	Eliab (Oldest Brother of David)		
4	Jesse		
5	King Soul		

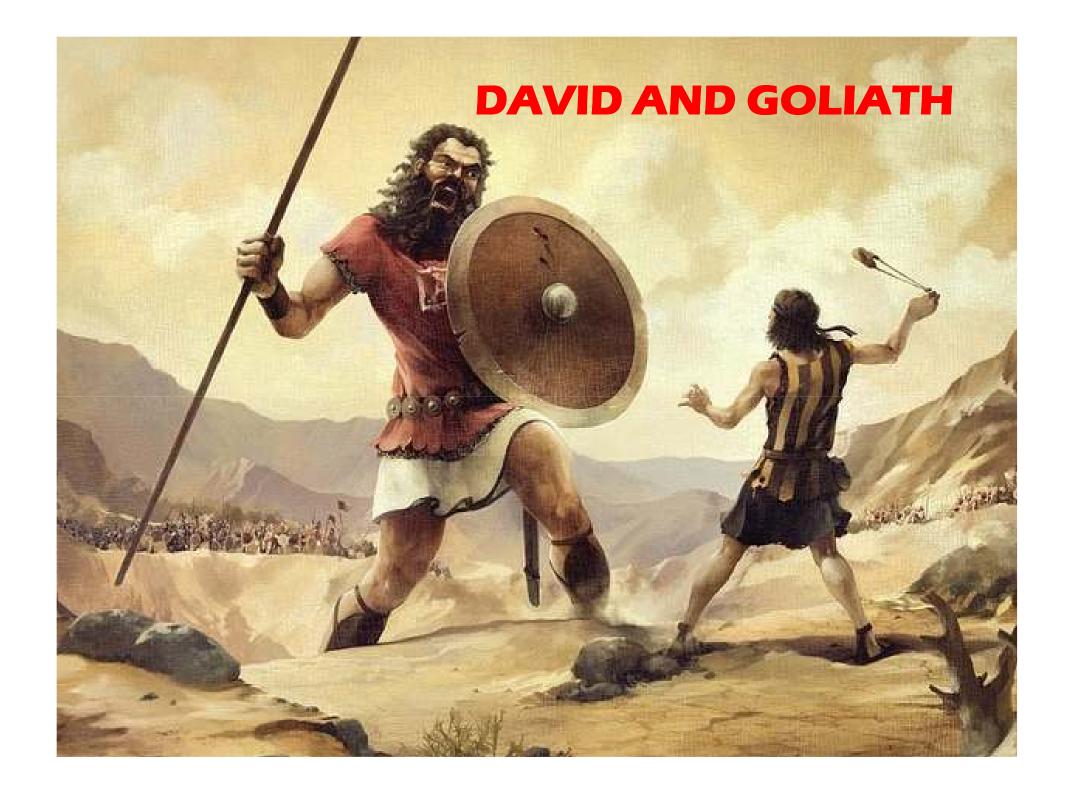


### DAVID AND GOLIATH

- The story is more about two competitors' attitude rather than their sizes.
- The story invites us to consider where we face battles everyday in our daily life.
- As David changed the rules of the battle, so we too can.

- Is David and Goliath is only about size difference? Let us derive some principles of positive thinking from this story.
- 1. Positive Thinking looks at self first: If you know about your self, nobody will fool you.
- 2. Positive Thinking overcomes hurdles: When you start informing what is in your heart, you might face opposition, even from family members

- 3. Positive Thinking is contagious (Spreads):
  - Davids positive attitude convinced King Soul to permit him to go for fight
- **4. Fear is enemy to Positive Thinking:** if you really believe in your strength, you wont run from a fight- you will run to it.
- **5. Positive Thinking is a continuous process:** You have got to pursue your enemies until they cannot come back.



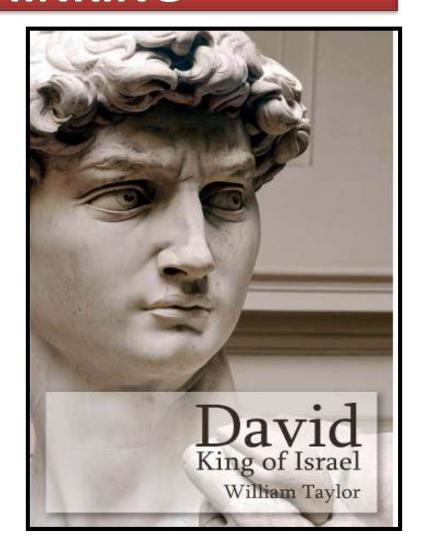
- **6. Positive Thinking is result of empathy:** the ability to understand and share the feelings of another. If we felt the need of the hour, we do.
- 7. You may gather strength from background but not all:

David's background includes playing, singing, writing poetry, herding sheep. But he became fearless and he became valiant warrior due to his faith which takes action which he learnt from his family

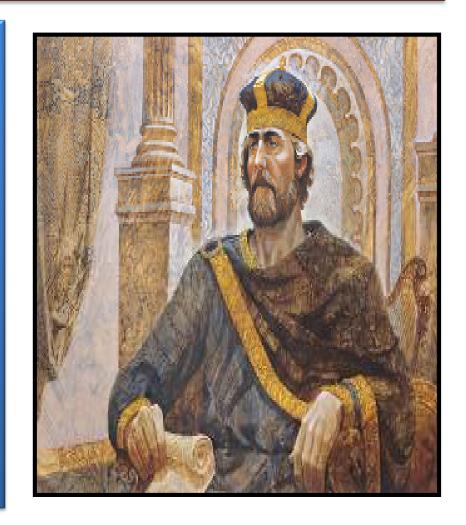
8. Positive Thinking **Generates simple and** creative solutions: David is neither a pessimist nor optimist. But he is a realist. He took his only staff, five stones from the brook and a sling. He had confidence in his talent of using his sling.

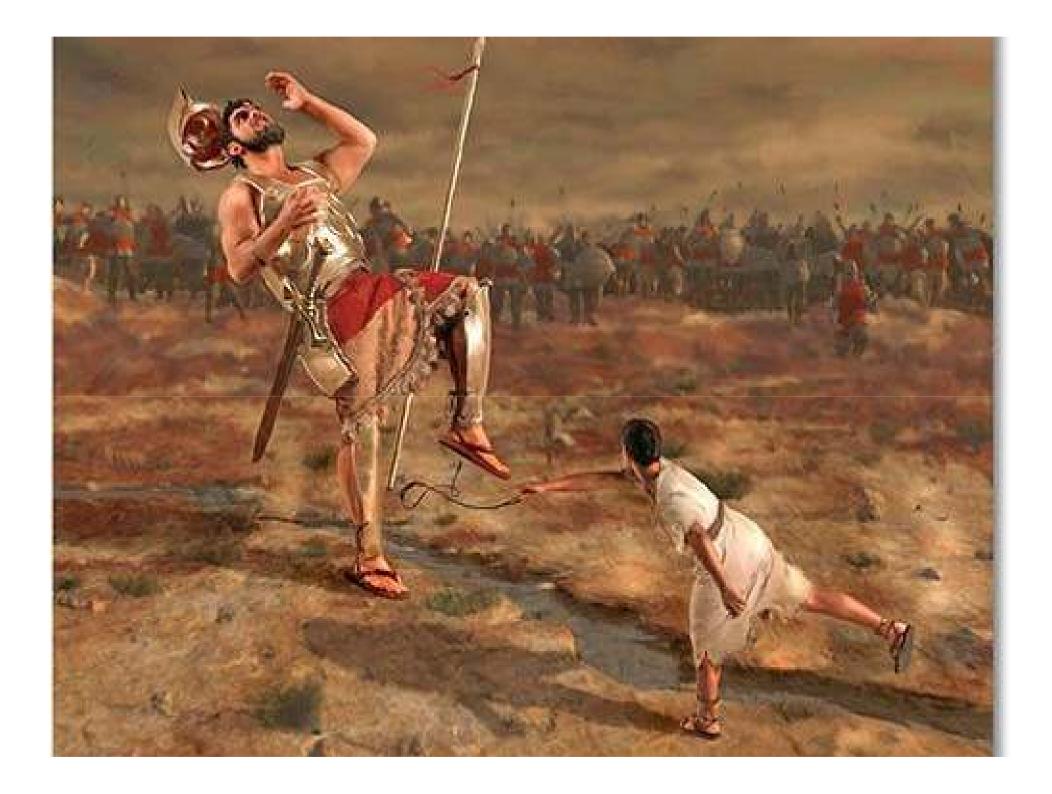


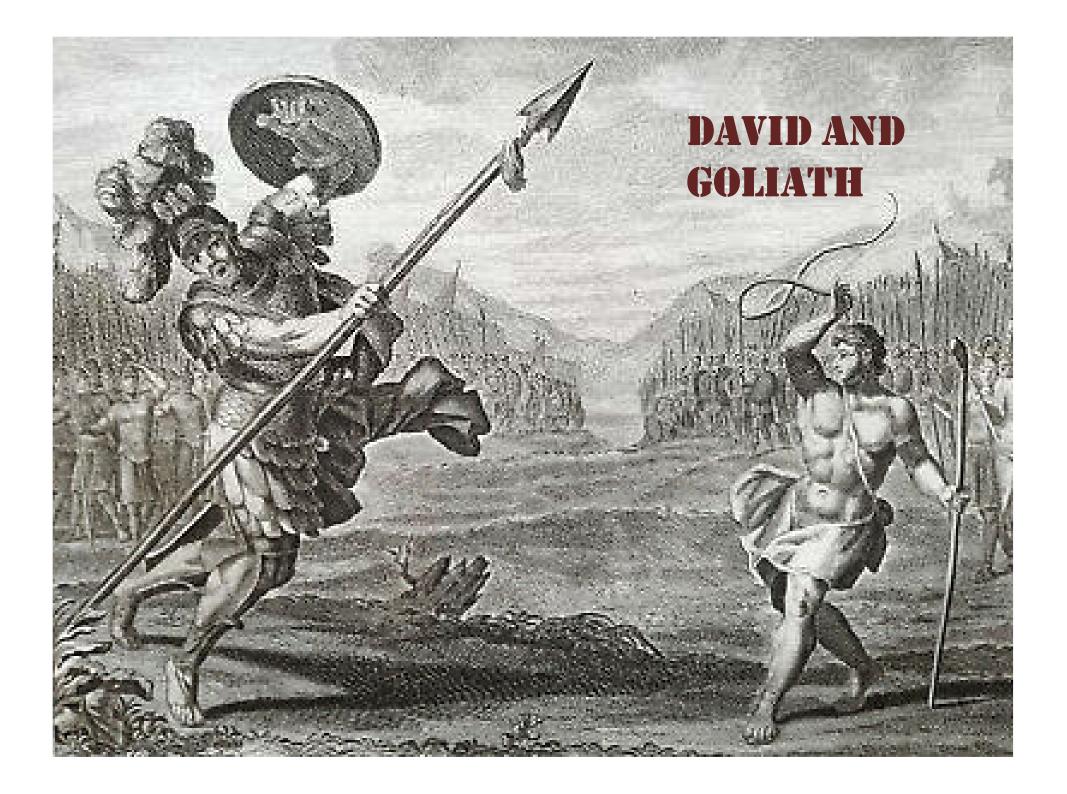
- 9. Positive Thinking opens the doors of success and recognition:
- King Soul and the army of Israel were shocked to see the Impossible. They wondered how an unknown Sheppard boy defeated the giant. And later he was offered kingship.

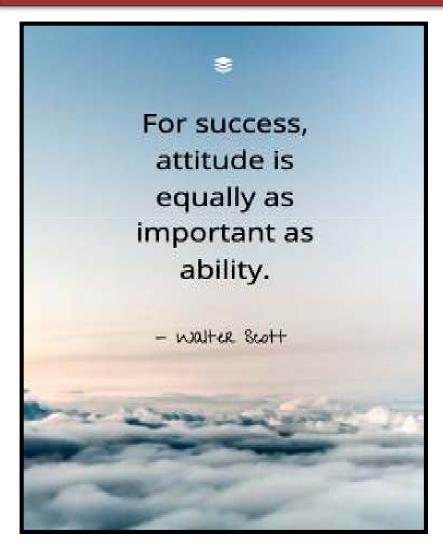


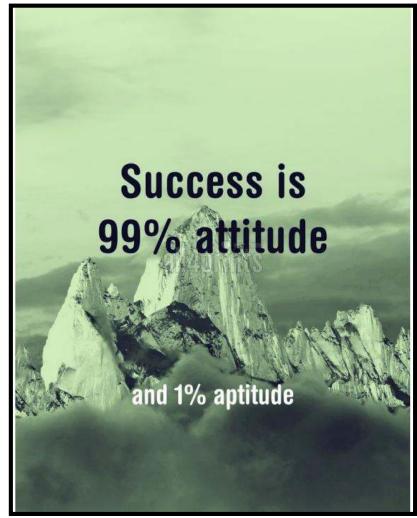
**10. Positive Thinking lets** you stand special in the negative world: A positive thinking allows you to see things which others do not see, and allows you persevere where others stop trying.













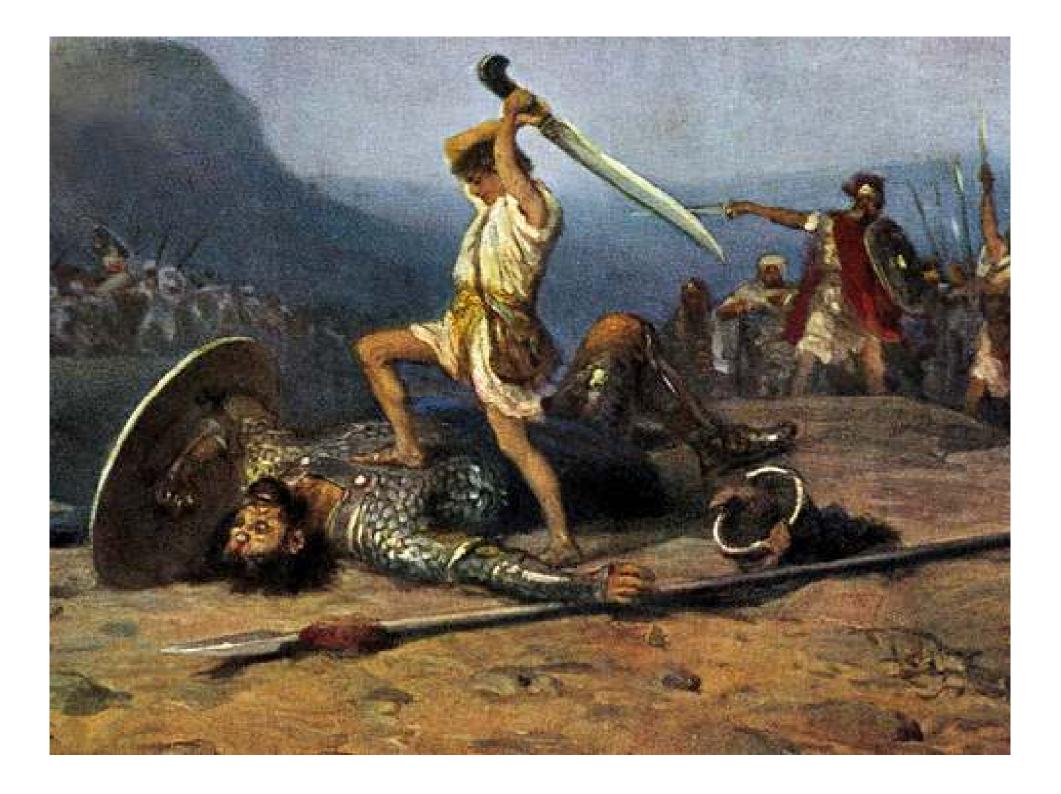
"If you don't like something, change it. If you can't change it, change your attitude."

MAYA ANGELOU

THE RESERVE OF THE PARTY OF THE

# DAVID AND GOLIATH





#### DAVID AND GOLIATH

- David looked at the problem entirely from a different angle from his fellow Israelite soldiers.
- David saw himself not as a soldier in king's army but protector of his own honour and dignity in front of enemy.
- He did not need a traditional armour designed by somebody, he had his own.
- He exercised his faith in his God given potentialities to overcome obstacles in life.
- He deemed it as a moral battle against evil.
- He established himself as a man of positive attitude against Goliath's arrogance.
- He believed in mental dynamics where as Goliath bluntly believed only on his physic.
- As David changed the rules of the battle, so we too can in our battles in life.





### A Hierarchy of Attitudes in the Workplace





#### **Good Soldler**

Participative Supportive of creativity and positive change



#### **Grudgingly Compliant**

50% there Subversively defiant Slow to adapt Barrier to creativity and positive change



#### **Actively Resistant**

25 % there Openly defiant Disruptive Passion might highlight opportunity for creativity and positive change

Who are you when you get to work?



Checked out Going through the motions Contribute little to creativity or positive change